Youth Retrospective Survey

{Program Name} is interested in learning how this experience helped you to grow as a leader and community member. The next questions ask you to think about your skills, knowledge and experiences BEFORE you participated in this program, and NOW, after having participated. Remember, it’s okay to have limited experience in many of these categories. There are no right or wrong answers. Thank you for your feedback!

Think back to **BEFORE** participating in {Program Name}. Please rate your level of agreement/disagreement with the following statements.

<table>
<thead>
<tr>
<th>HOW DID YOU FEEL BEFORE?</th>
<th>HOW DO YOU FEEL NOW?</th>
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<tbody>
<tr>
<td></td>
<td>Strongly Agree</td>
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1a. I think it is important to listen to and value the opinions of others.

2a. I have the skills and experiences needed to be a mentor for other youth.

3a. I feel supported in pursuing my personal goals.

4a. I am confident.

5a. I can handle stressful situations.

6a. I am willing to stand up for what is right.

7a. There are people in my life I can depend on when I need help.

8a. I feel like I am part of a community.

9a. I believe young people can make a difference in the community.

10a. When I have a problem there is an adult that I can talk to.

11a. I know what I can do to help make the community a better place.

12a. I know how to get along with other young people.

13a. I feel comfortable speaking in front of a group of people.

14a. I have identified future goals for myself.
15. How have you changed as a result of {Program Name}, or how has {Program Name} impacted your life?
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